

**A. Definitions**

1. “**School campus**” includes all areas of the property under the jurisdiction of the school that are accessible to students during the school day. This does not include teachers’ lounges or other areas that are restricted to students.
2. “**School day**” is defined as the time period from midnight before through 30 minutes after the end of the official school day.

**B. Food and Beverages Sold on School Campus during the School Day and Outside of the School Meal Programs**

1. **Food:** Food sold outside the school meal programs on any school campus during the school day, as defined in these guidelines, must be in compliance with the [minimum USDA “smart snacks” nutrition standards](#), including all permissible exemptions. In general (and when no exemption applies), such food must meet the federal “competitive food” nutrient standards and at least one of the following:
  - a. Be a “whole grain-rich” grain product; or
  - b. Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or
  - c. Be a combination food that contains at least ¼ cup of fruit and/or vegetable; or
  - d. Contain at least 10% of the Daily Value (DV) of one of the nutrients of public health concern (calcium, potassium, vitamin D, or dietary fiber) (*NOTE: This category is currently set to expire July 1, 2016 and shall not be used to qualify competitive food offerings after that date.*)
2. **Beverages:** On each school campus during the school day, the District permits only the sale of those beverages that are allowed under the applicable federal nutrition standards, which are summarized as follows:

Elementary School

- Plain water or plain carbonated water (no size limit)
- Low fat milk, unflavored (8 fluid ounces or less)
- Non fat milk, flavored or unflavored (8 fluid ounces or less), including nutritionally equivalent milk alternatives as permitted by the school meal requirements
- 100% fruit/vegetable juice (8 fluid ounces or less)
- 100% fruit/vegetable juice diluted with water (with or without carbonation), and no added sweeteners (8 fluid ounces or less)

### Middle School

- Plain water or plain carbonated water (no size limit)
- Low fat milk, unflavored (12 fluid ounces or less)
- Non fat milk, flavored or unflavored (12 fluid ounces or less), including nutritionally equivalent milk alternatives as permitted by the school meal requirements
- 100% fruit/vegetable juice (12 fluid ounces or less)
- 100% fruit/vegetable juice diluted with water (with or without carbonation), and no added sweeteners (12 fluid ounces or less)

### High School

- Plain water or plain carbonated water (no size limit)
- Low fat milk, unflavored (12 fluid ounces or less)
- Non fat milk, flavored or unflavored (12 fluid ounces or less), including nutritionally equivalent milk alternatives as permitted by the school meal requirements
- 100% fruit/vegetable juice (12 fluid ounces or less)
- 100% fruit/vegetable juice diluted with water (with or without carbonation), and no added sweeteners (12 fluid ounces or less)
- Other flavored and/or carbonated beverages (20 fluid ounces or less) that are labeled to contain 5 or fewer calories per 8 fluid ounces or 10 or fewer calories per 20 fluid ounces
- Other flavored and/or carbonated beverages (12 fluid ounces or less) that are labeled to contain 40 or fewer calories per 8 fluid ounces, or 60 or fewer calories per 12 fluid ounces

3. **Special Fundraiser Exemption**: The building principal may allow each student organization to conduct up to two fundraising events on school campus during the school day each school year that include the sale of food and/or beverage items that do not meet the nutrition standards outlined above. Each such exempt fundraiser may be for up to two weeks in duration. No student organization shall schedule or conduct a fundraising event involving the sale of food or beverages without prior approval of the building principal. Any approved exempt fundraiser involving the sale of food or beverages shall not occur in the food service area during the meal periods. Each building principal is encouraged, in his/her discretion, to limit the approval of an exempted fundraising activity to a time period that begins 30 minutes after the last school lunch period of the school day.
4. Other foods that are offered for sale on a school campus with the advance approval of the building principal and that cannot be consumed on-site (e.g., frozen pizzas for an approved booster club fundraiser) are exempt from the nutrition standards and limitations established in this rule.

**C. Food and Beverages Served or Distributed on School Campus during the School Day**

1. Beverages – Any beverages that are not on the approved list of beverages to be sold on the school campus during the school day should not be served or distributed to students during the school day without first receiving permission from the building principal.
2. Birthday Treats/Classroom Snacks – Teachers and students are encouraged to distribute or serve healthy snacks and treats for student birthday celebrations, classroom parties, and other classroom events. A healthy snack list that is based on sound nutrition facts and principles will be developed and maintained under the coordination of the Food Service Supervisor and disseminated to parents/guardians and staff. This list may include, but is not limited to, items such as the following:

Fresh fruit or fruit cups	Trail/cereal mixes (no candy included)
Fresh vegetables and low-fat dip	Yogurt
Dried fruits	Pretzels
String cheese/cheese cubes	Popcorn
Whole grain crackers	Low-fat muffins
Other low-fat crackers	

During occasional celebrations (i.e. birthday observances, classroom parties, etc.) items that do not meet the District's nutrition standards for food sold outside the school meal programs on any school campus during the school day and that also would not qualify as a healthy snack option as defined by District standards may, in moderation, be served or distributed for student consumption unless otherwise restricted by a directive of the building principal. However, whenever school staff are involved in organizing such an occasional celebration (e.g., for a class party), staff shall ensure that one or more healthy alternatives are offered in conjunction with any offering(s) of minimal nutritional value that may be authorized. Whenever a student's parent/guardian is primarily responsible for initiating such an occasional celebration, the schools shall encourage parents/guardians to provide a healthy snack item to be offered in conjunction with any offering of minimal nutritional value.

Staff are strongly encouraged to schedule occasional celebrations where food is served or distributed to occur after the students' scheduled lunch period.

As needed and while maintaining an appropriate degree of confidentiality, staff will also make parents/guardians and students aware of restricted foods to be avoided as a means of accommodating any identified food allergies within the class population.

3. Teacher Rewards or Learning Incentives – The use of foods of minimal nutritional value as teacher rewards or learning incentives should be kept to an absolute minimum and healthy food choices or non-food items should be substituted. Should teachers feel compelled to utilize food items as an incentive, they are strongly encouraged to select an option from the District’s list of healthy snack options for foods served or distributed during the school day, as outlined above.
  
4. Meetings and Events – Foods served at school-sponsored meetings and school-sponsored events on a school campus (or otherwise involving student participation even if not on a school campus) during the school day shall include foods that either (a) adhere to the District nutrition guidelines for food sold on school campus during the school day, as outlined above, or (b) adhere to the District’s list of healthy snack options for foods served or distributed during the school day, also as outlined above.

Approved: 09/27/17