

RSVP Form

Your Name _____

Your Student's Name _____

Student Home Room _____

Address _____

Phone _____

Email _____

Workshop	# Attending	Will you need Babysitting?
Cyberbullying		
Tips for Homework Success		
Adolescent Development		
PBIS		
Today's Math-Thinkers Wanted		
Middle Schoolers, Athletics and Injury		
Sex, Drugs, Rock n Roll and your Middle Schooler		
Social Media and Your Middle Schooler		

SIGNING UP FOR BABYSITTING?

Please list # of children and ages.

Thanks!



Three easy ways to RSVP:

- ✓ Visit us on the district website:
www.altoona.k12.wi.us
- ✓ Fill out the form and return it to school with your student
- ✓ Call Juanita Peck:
715 839-6031 ext 323

MORE DETAILS ON WORKSHOPS AND PRESENTERS ONLINE:

www.altoona.k12.wi.us



Altoona Middle School
1903 Bartlett Ave

Altoona, WI 54720
(715) 839-6031 ext 323

www.altoona.k12.wi.us

Workshops Celebrating Month of the Young Adolescent 2011



Altoona Middle School
October, 2011

Middle School Students are AWESOME!



*Sponsored by
Altoona Middle School PTO and
School District of Altoona Community Room*

October is the Month of the Young Adolescent

The Month of the Young Adolescent is a national collaboration between education, health, and youth-oriented organizations. Initiated by National Middle School Association (NMSA), Month of the Young Adolescent brings together a wide range of organizations to focus on the needs of young people, ages 10 to 15.

Why should we spend the month of October focused on young adolescents? The honest answer is that most of us don't know much about the transition period between childhood and late adolescence (the "teen" years). Yet it is during this stage of life, generally between the ages of 10 and 15, when young people leave childhood and move toward adulthood that they make critical decisions about their values, standards, attitudes, and personal beliefs. In fact, many of the important decisions our youth make during these years will define their behavior for the rest of their lives!

During the month of October, Altoona Middle School will celebrate the wonder of the young adolescent by sharing with families and the community opportunities to learn more about this awesome stage of life. We will have presenters share information on everything from adolescent development, cyberbullying, social networking, and today's math to athletics. We'll also touch on some general characteristics of young adolescents and how these influence their relationships with family, friends and the community at large.

Working together, we can create strong partnerships between the school, parents, students, and community members so that every 10- to 15-year-old will have the opportunity to become all he or she can and should become.

Young Adolescents are **AWESOME!**

2011 Workshops

TIPS FOR MS HOMEWORK SUCCESS

Lori Placke-Wirth, Sylvan

Monday, 10/10
6:00-7:00 pm
Community Room
Free

ADOLESCENT DEVELOPMENT

Julie Keown-Bowmar, UW-Extension

Monday, 10/10
7:00-8:00 pm
Community Room
Free

ATHLETICS AND YOUR MIDDLE SCHOOLER

Anita Coenen, ASD Athletic Trainer

Monday, 10/17
6:00-7:00 pm
Community Room
Free

SEX, DRUGS, ROCK N' ROLL AND YOUR MIDDLE SCHOOLER

Anita Schubring, ASD School Nurse

Monday, 10/17
7:00-8:00 pm
Community Room
Free

CYBERBULLYING

Justin Patchin PhD, UW-Eau Claire

Thursday 10/6
6:00 pm
Community Room
Free

TODAYS MATH-THINKERS WANTED

Mary Ann Modrak, ASD

Thursday, 10/13
6:00-7:00 pm
Community Room
Free

PBIS AT AMS

Teri Hanson, AMS

Thursday, 10/13
7:00-8:00 pm
Community Room
Free

SOCIAL MEDIA AND YOUR ADOLESCENT

Lori Boettcher, social media speaker and trainer

Thursday, 10/20
6:00-7:00 pm
Community Room
Free

About the Workshops

Workshops will occur on Mondays and Thursdays from 6-7pm and 7-8pm during the first three weeks of October.

Most of the workshops have been designed for parents to get the inside scoop on living and working successfully with young adolescents.

You are welcome to sign up for a single workshop, or all of them! Your RSVP is helpful so that we have enough handouts or supplies, but you are always welcome to just drop in.

Babysitting will be available at no charge. However, **please RSVP ahead** so we will be sure to have enough sitters!

All workshops are **FREE**.

All other workshops will be held at Altoona Middle School, 1903 Bartlett Avenue, Altoona. Enter through the front doors, and go up the first flight of stairs. The Community Room will be on your left in the hallway at the top of the stairs.

If a room change is necessary, the room location and directions will be posted on the Community Room door.