

# Altoona Elementary N E W S

## Principal's Message:



Dear Altoona Families,

I hope this school year is off to a great start for you and your child(ren). It has been going well here at school. Students have been busy learning new routines and meeting new friends. They also have been enjoying this summer-like weather we've been having.

We, the staff at Altoona Elementary, have many great hopes and dreams for your child(ren) this year. We strive to engage, equip, and empower each and every student. Please see our Vision insert for how we are striving to do our best to help your child(ren) grow and learn throughout the year.

I look forward to the rest of the school year. Please don't hesitate to contact me with any questions.

Sincerely,  
Tara Betlach  
Elementary Principal



## October Events

- Oct 2 Flu shot permission due
- Oct 9 Fundraiser Kick Off
- Oct 11 Child Development Day  
8:00 a.m. - 5:00 p.m. This is a screening day for 2 1/2 to 3 1/2 year olds. Please call Kathy at 715-838-7300 to schedule your appointment.
- Oct 16 Parent-Teacher Conferences
- Oct 18 Early Release Day - students released at 11:15 (Sack lunches available at 10:45)
- Oct 18 Parent-Teacher Conferences
- Oct 19 No School

### REMINDER!

The bell rings at 7:40. We expect all children to be lined up on the playground and heading into the building at that time.



### Halloween Celebration

We will continue to wear orange and black to celebrate Halloween this year. Classroom teachers will plan activities and parties around Halloween themes (i.e. pumpkins). Feel free to send a picture of your child(ren) in their Halloween costumes to share with the class during the celebration.



Thanks to everyone that stopped by the PTO table on welcome back day! The winners of the \$25 Texas Roadhouse gift card drawings were...Stephanie Nolan (Hadley 1st grade) and Meghan Bourget (Karsen 1st grade).



Follow Altoona Elementary on Twitter!



@AltoonaES  
@altoonaes





At Altoona Elementary School we will...

## Engage

students by:

Providing choice in individualized learning opportunities

Creating a welcoming and caring environment



## Equip

students by:

Creating academically, socially, and mentally self-regulated students

Providing real world activities

Encouraging higher level thinking skills

Providing necessary tools, materials, and technology



## Empower

students by:

Celebrating success and opportunities for growth from failures

Guiding students to take ownership of their learning

Developing independent, confident students and citizens

*School District of Altoona  
Offering Large School  
Opportunities with a  
Small School Approach*



# 4yr. Old Kindergarten

The Altoona 4K program is off to a great start! We are so excited for our 4K program to be the introductory course to your child's education and development. But we also know that you, the parents and guardians, are the biggest impact on your child's early learning development! The most valuable things you can do with your child each and every day -- talk, sing, read, and play! That's it!! We firmly believe in those four activities and the impact they will have on your child's brain to help it learn and grow! We are excited to have teamed up with Talking is Teaching in the Chippewa Valley.

Research has shown that a child from a disadvantaged home has heard 30 million less words by the age of 3 years than his or her peers – this is called Word Gap. Because 80% of the brain is hardwired by the age of 3 years, Word Gap has a direct link to school readiness and ultimately to the Achievement Gap. By supporting parents, guardians and caregivers to talk, read, sing, and play every day – we can help to focus on the importance of early literacy and brain development. Join us in this brain building endeavor by making small moments BIG!

More information can be found at [talkingisteaching.org](http://talkingisteaching.org) or on Facebook at Chippewa Valley Talking is Teaching.  
#LetsTalkChippewaValley

Thank you for all you do,  
Laura Trachsel, 4K Coordinator

CHIPPEWA  
VALLEY

TALKING IS  
TEACHING.

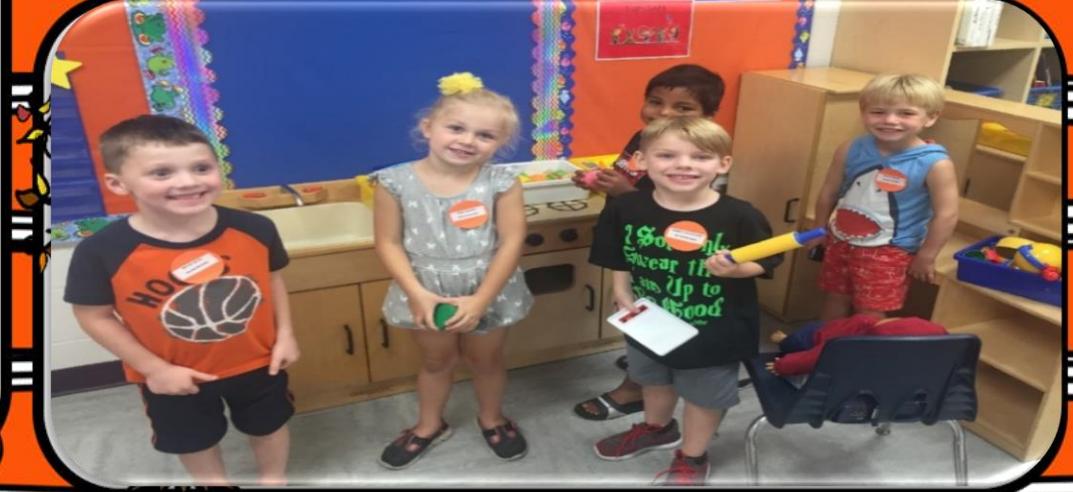
LEARN ABOUT OUR  
NEW CAMPAIGN  
#LETSTALKCHIPPEWAVALLEY



# Kindergarten



The kindergarten students have been busy learning about routines, schedules, classroom and school rules and bus safety. They are working so hard to be responsible, respectful and safe. We are excited for a great school year!



# What I Learn in PE Class

Every day, your physical education teacher uses the **National Standards for K-12 Physical Education** to help you become a physically literate person. Being physically literate is a fancy way of saying that you know how to be physically active and that you enjoy being physically active. Learning to be physically literate in physical education class now will help you continue to be healthy and active when you grow up.

Look at the **National Standards** to help you understand what you are learning in PE.

A physically literate individual:

What this means to me:

1

demonstrates competency in a variety of motor skills and movement patterns.

I have the skills to move and play.

2

applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

I show that I know how to move and use a plan when I play games.

3

demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

I show that I know how to get fit and stay fit.

4

exhibits responsible personal and social behavior that respects self and others.

I act fairly and respectfully when I play.

5

recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

I know why it is important to be physically active.



# First Grade

So far, all classrooms have been working on building stamina for Read to Self and one other daily. Classrooms have been keeping track of their stamina and recording it daily. We have also been making goals for improvement!



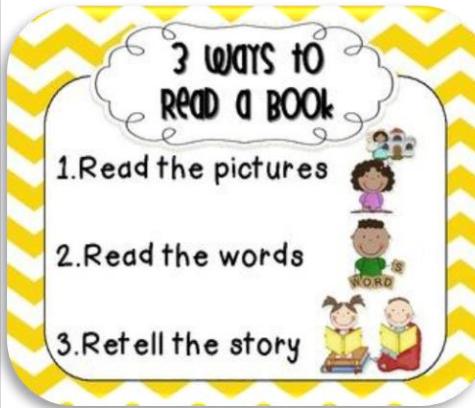
First graders have been off to a busy start to the year! It has been exciting to see their beginning reading skills and their enthusiasm for books! Our classrooms have been practicing 3 ways to read a book! They are (1) Read the Pictures, (2) Read the Words, and (3) Retell the Story.

Dream Big READ!

Read to Self

Day	Minutes
1	10
2	12
3	15
4	18
5	20
6	22
7	25
8	28
9	30
10	32
11	35
12	38
13	40
14	42
15	45
16	48
17	50
18	52
19	55
20	58
21	60
22	62
23	65
24	68
25	70
26	72
27	75
28	78
29	80
30	82
31	85
32	88
33	90
34	92
35	95
36	98
37	100

Let's Make it To 100 Minutes!



We have been busy getting into good literacy routines using the Daily 5. The Daily 5 is a literacy framework that instill independent behaviors and creates classrooms with highly engaged readers and writers!



You can't use up creativity.

The more you use the more you have.

-Maya Angelou

Creativity is contagious.

Pass it on.

-Albert Einstein

# Art News

Welcome to the 2018-19 School Year

## Meet the Art Teacher

Hello! My name is Jenae Werner and I am the new Art teacher at Altoona Elementary School!



I am very excited to part of the AES team! I grew up in Eau Claire and graduated from UWEC in Art Education and I also have my Masters in Educational Technology. This is my 12<sup>th</sup> year teaching elementary art. I taught in Green Bay for 5 years and then in Eau Claire for the last 6 years. My husband Ryan, is also a teacher. He teaches 5<sup>th</sup> grade in Eau Claire. We have three children, Claire a first grader, Grant a kindergartener and Nora who is 6 months old. Each day I get to explore drawing, painting, sculpture, ceramics, art history and art elements with students! During art class I encourage students to use their imaginations to learn new and exciting things. I believe that art is a fantastic way for children to explore their creative side and bring out unique skills. I look forward to getting to know the students and families of AES!



Mrs. Werner **Art Teacher**

jwerner@altoona.k12.wi.us

## 10 Questions To Ask Your Child About Their Art

To help encourage creative thinking and develop your child's critical thinking skills ask your child open ended questions about their artwork. Open ended questions will help support your child's efforts rather than if you said "good job" or "that is beautiful". Plus, you may be surprised at their answers!

What can you tell me about your picture?

What materials did you use?

Where did you get your idea?

What is your favorite part of the picture?

What title would you give this picture?

If you were doing this picture again what you change or do differently?

Why did you use the color...(insert color)?

What if...(you had used the color red instead of blue or paint instead of pencil)?

How did you...(make these lines, decide on these colors, or create that shape)?

If you had more time what would you add to your artwork?

Encourage your child to elaborate on their answers or use the artwork as a starting point for telling a story.

Open ended questions will help develop critical thinking skills in your child. By taking an interest in their artwork you are supporting them and helping them express their ideas.

<http://handmadekidsart.com/critical-thinking-skills/>

All children are born artists.  
The problem is to remain an artist as we grow up.

-Picasso



School District of Altoona

"Home of the Railroaders"

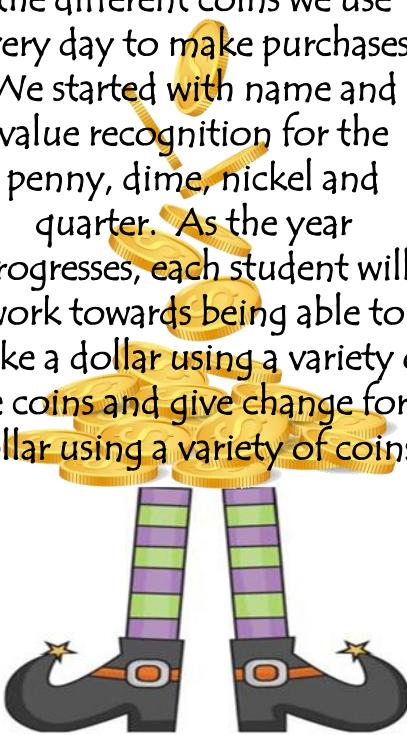
# Second Grade



Do you know the difference between the analog clock and the digital clock? Our second grade students are learning the difference in their Investigation Math. By the end of this school year each of them should be able to tell time to the minute. Helpful manipulatives can be found in our classrooms to make the learning hands on. Students have access to individual student clocks, bigger teacher clocks and numbers around our classroom analog clocks.



Students are also learning the different coins we use every day to make purchases. We started with name and value recognition for the penny, dime, nickel and quarter. As the year progresses, each student will work towards being able to make a dollar using a variety of the coins and give change for a dollar using a variety of coins.



Pledge of Allegiance for Announcements



# Español

Hola! My name is Amy Gillespie and I am the Spanish teacher at Altoona Elementary School. This is my 18<sup>th</sup> year teaching and I am so excited to share my love of the Spanish language and the different cultures of Spanish-speaking countries with all of the students here! Please do not hesitate to contact me with any questions or concerns you may have.



Hola! My name is Gabe Rowley and I have the exciting privilege to work in the Spanish specials room for the first nine weeks of this school year! I am in my student teaching semester through UW-Eau Claire and will be graduating this December with a degree in Spanish teaching and a minor in TESLO (Teaching English to Speakers of Other Languages). I so look forward to this experience as it is already giving me a ton of great insight for my teaching career!

## 5 reasons to learn SPANISH

① more than **500 million** of people speak SPANISH



OFFICIAL LANGUAGE IN 21 COUNTRIES

② SPANISH is the **second** language in the world in number of speakers



③ SPANISH is the **third** language on the internet



spanish as a foreign language

④ almost **20 million** of students learn

Engage, Equip, Empower:  
The Altoona Spanish Department offers a cohesive K-12 program that builds language proficiency and cultural competency.

Engage: We will build our own proficiency-based curriculum for all courses using authentic materials.

Equip: We will utilize research-based content matched with appropriate proficiency levels to help students meet benchmarks and prepare them for post-secondary language opportunities.

Empower: We will help students become lifelong learners and individuals who value and advocate for other cultures.

Follow our class on Twitter: @sragillespie

#AESespañol  
Señora Gillespie

#AltoonaES  
agillespie@altoona.k12.wi.us

#AltoonaRails

agillespie@altoona.k12.wi.us

# Third Grade

Happy Fall Y'all



Third graders started learning about plants in science. They learned about the important role that bees play in pollination. In one hands-on activity, students created models of flowers. Third graders created bees out of pipe cleaners, and pollinated flowers.



Our third graders will also be taking a field trip to a local apple orchard. At the orchard, we will pick a variety of apples. Back at school, we will taste the apples as we study variations in fruit.



During our Power of Flowers unit, third graders will answer these questions through activities and experiments:

- ❖ Why do plants grow flowers?
- ❖ Why do plants give us fruit?
- ❖ Why are some apples red and some green?
- ❖ How could you make the biggest fruit in the world?

# Altoona Elementary

## Lunch Menu

October

2018

Don't forget  
to eat your  
vegetables.

### MONDAY

- Pulled Pork Sandwich on a Bun  
Whole Grain Pancakes with Sausage and Fruit Topping  
Steamed Vegetables

### TUESDAY

- Cheeseburger on a Whole Grain Bun  
Whole Grain Golden Corn Dog  
Baked French Fries

### WEDNESDAY

- Pizza Parlor Pizza - Homemade Cheese Pizza  
Yogurt Pack - Yogurt, String Cheese, Bagel and Cream Cheese  
Caesar Side Salad

### THURSDAY

- National Taco Day**  
Soft Shell Tacos with Lettuce, Cheese and Salsa  
Hot Ham and Cheese Calzone  
Mexican Street Corn

### FRIDAY

- Toasted Ham and Cheese Sandwich  
Whole Grain Pretzel Bites with Cheddar Cheese  
Chicken Noodle Soup  
\*\*Chocolate Chip Cookie\*\*

- 8  
Creamy Macaroni and Cheese  
Hot Dog on Whole Grain Bun  
Kettle Chips  
Garden Side Salad

- 9  
HOM Pear  
Pizza Dippers with Marinara Sauce  
Munchable - Sliced Turkey, Cheese and Crackers  
Fresh Pears

- 10  
Walking Tacos with Lettuce, Cheese and Salsa  
Breaded Chicken Salad on a Whole Grain Bun  
Firenze Corn Salad

- 11  
Homemade French Bread Pizza  
Chicken Tender Basket with Whole Grain Roll  
Roasted Broccoli

- 12  
**Made By Chef Abby**  
Homemade Meatloaf with Mashed Potatoes and Gravy  
Chicken Nuggets with Mashed Potatoes and Gravy  
\*\*\*Birthday Cupcake\*\*\*

- 15  
School Lunch Week  
Beefy Nachos with Cheese Sauce, Lettuce and Tomato  
Cheeseburger on a Whole Grain Bun  
Caesar Side Salad

- 16  
Ravioli with Meat Sauce and Garlic Bread  
French Toast Sticks with Sausage Patty  
Italian Tomato Salad

- 17  
Hot Dog Basket with Kettle Chips  
Hot Ham and Cheese Flatbread Sandwich with Kettle Chips  
Steamed Vegetable  
\*\*\*Rice Krispie Treat\*\*\*

- 18  
**Early Release Day**  
Grab and Go Lunch -  
Yogurt Pack with Yogurt, String Cheese, Bagel and Cream Cheese + an Apple and a Surprise Treat

- 19  
No School

- 22  
Whole Grain Pancakes with a Sausage Patty and Fruit Topping  
Whole Grain Mini Corn Dogs with a Roll  
Breakfast Potatoes

- 23  
Pasta with Meat Sauce and Garlic Bread  
Munchable - Sliced Turkey, Cheese and Crackers  
Garden Side Salad

- 24  
Cheeseburger Basket  
Chicken Nugget Basket with a Whole Grain Roll  
Potato Wedges

- 25  
**Made By Chef Abby**  
Oven Roasted Chicken with Mashed Potatoes and Gravy  
Roasted Hot Dog on a Whole Grain Bun  
Mashed Potatoes

- 26  
**National Pretzel Month**  
Homemade Pizza Bagels  
Creamy Macaroni and Cheese  
Italian Tomato Salad  
Chocolate Covered Pretzels

- 29  
Popcorn Chicken with Buttered Noodles and a Whole Grain Roll  
Chicken Caesar Salad with Whole Grain Roll  
Green Beans  
Tomato Beans

- 30  
Toasted Cheese Sandwich  
Whole Grain Pretzel Bites with Cheddar Cheese  
Tomato Beans

- 31  
Soft Shell Tacos with Lettuce, Cheese and Salsa  
Chicken Tenders with Whole Grain Roll  
\*\*\*Spooky Treats\*\*\*



ChooseMyPlate.gov

FOOD  
4  
Thought  
October is National Pizza month.

# School District of Altoona

## Child Development Day

**Thursday, October 11, 2018  
8:00 AM – 5:00 PM**

**Lower Gym - Altoona Middle School  
1903 Bartlett Avenue**

Child Development Day is designed for all children who live in the Altoona School District, who will be 2½ to 3½ years old by September 1, 2018. This program replaces the traditional kindergarten screening that has been done in the past and includes a developmental screening for younger children.

**Please call Kathy Roen - Early Childhood Teacher**

**(715) 838-7300**

**to schedule a one hour appointment.**



# Altoona High School's Stellar Homecoming

September 24th - 29th 2018 \*

## Student Dress Up Days

Monday: "More Than a METEOROcre Meme"

Dress like your favorite meme

Tuesday: "Where No Man Has Gone Before"

Teeku Tourist

Wednesday: "Waadey Out Man"

Tie Dye/ Hippie

Thursday: "STARS and Stripes"

Patriotic

Friday: "Stellar School Spirit"

Red, Black & Altoona Gear

## Fundraiser

Tuesday  
@ Golf Rd Chipotle  
4:00 - 8:00pm

## Float Building

Tuesday - Thursday RAIL time  
&  
Wednesday & Thursday 5-9 pm  
@ Tech Ed Shop

## Powder Puff

Wednesday  
7pm  
@ Fuzzy Thurston Field

## Dance

Saturday 8- 11pm  
@ AHS  
Grand March 9pm  
\$8 admission

## Friday Festivities

## Assembly

2:00-3:30pm  
@ AHS Gym

## Parade

4:30pm  
in front of AHS \*

## Tailgate Party

5:00 - 6:30pm @ AHS  
Enjoy food and fun!

## Football Game

7pm @ Fuzzy Thurston Field  
Students wear ASD gear  
& get in free!

It's going to be out of this world!

